



Year: 10

Topic 1.4 CIRCULATORY SYSTEM IN HUMANS

Knowledge and Understanding to be developed

This topic covers the structure and function of the circulatory system and blood in humans. A heart dissection could be used to develop the use of a range of apparatus and instruments. There are a number of opportunities for the development of mathematical skills using data generated within this topic. This would include the effect of exercise on heart rate. The skills developed could include: interpreting tables and diagrams; translating information between graphical and numerical form; using expressions in decimal form; finding arithmetic means.

Key Terms to be learned this topic:

Phagocyte platelet cardiac muscle
Coronary vessels arteries veins
Aorta bicuspid and tricuspid valve atria
Ventricles semi-lunar valves pulmonary
Systemic capillaries
Cardiovascular disease

**Learning Objectives and Outcomes:
Students should be able to :**

- (a) the structure of a phagocyte and a red blood cell; be able to draw and label these cells
- (b) the functions of the four main parts of the blood: red cells, platelets, plasma, white cells
- (c) the fact that the heart is made of muscle which contracts to pump blood around the body
- (d) the role of the coronary vessels in supplying the heart muscle with blood
- (e) the flow of blood to the organs through arteries and return to the heart through veins
- (f) the structure of the heart: the left and right atria and ventricles, tricuspid and bicuspid valves, semi-lunar valves, pulmonary artery, pulmonary vein, aorta and vena cava and be able to label these on a diagram
- (g) the passage of blood through the heart including the functions of the valves in preventing backflow of blood
- (h) a double circulatory system: involving one system for the lungs – pulmonary and one for the other organs of the body – systemic
- (i) the fact that in the organs blood flows through very small blood vessels called capillaries; substances needed by cells pass/diffuse out of the blood to the tissues, and substances produced by the cells pass/diffuse into the blood, through the walls of the capillaries; the thin walls of the capillaries are an advantage for diffusion; capillaries form extensive networks so that every cell is near to a capillary carrying blood
- (j) risk factors for cardiovascular disease and the effects of cardiovascular disease